

## COLLEGIAL CASE REVIEW

### **1. Resting phase**

Warming-up, getting ready, getting prepared, getting organized

### **2. Case description**

The "person seeking advice" describes the case from his/her subjective point of view. He/She describes the by

- giving an account of what has happened,
- interpreting (speculating about?) possible causes and intentions of the other parties involved,
- Expressing one's own state of mind.

The other participants listen only!

### **3. Asking questions**

The other participants can ask for clarification of the situation.

Not allowed are

- Interpretations
- Presentation of one's own experiences
- Proposing solutions.

### **4. Feedback**

The participants reflect which aspect(s) impressed them most (in terms of content and/or emotion). Questions from the person seeking advice are permitted.

Objective: Filtering out central aspects of the problem.

### **5. Change of perspective**

The participants take on the roles of the others involved in the conflict / problem and express themselves in the first person. The person seeking advice listens only.

### **6. Sharing**

The participants express their own concerns and describe their own experiences in comparable situations. Still no proposed solution are allowed!

### **7. ~~Suggested~~ Proposed solutions**

The participants suggest (oder propose) solutions under the following questions: "What have I done in similar situations" or "What would I do in this situation?"

The seeker of advice listens only.

### **8. Acceptance**

The person seeking advice expresses his or her opinion on the subjective (personal?) feasibility of the proposals and on his or her current state of mind.