

Facing professional change

Interview a partner using the questions below.

Listen actively and use probes to elicit detail if necessary. Take no more than 10 minutes.

1. Tell me about a situation when you faced a professional change or dilemma which you challenged you?
2. Did you need to develop new expertise or improve your existing knowledge and skills to help you address the situation? If you did, what aspects did you develop and how did you do this?
3. Did you need to involve other people to help you address the situation? If you did, who were they and what expertise did they bring to the situation?
4. Would you feel competent to deal with this situation in the future?

Swap over and let your partner interview you, then take 10 minutes to summarise the interviews:

Write three or four sentences to summarise your interview. Share these with your partner for them to verify.

