



WHO AM I AS A PROFESSIONAL - Appreciative Inquiry Interview

Appreciative Inquiry is a journey of discovering and harnessing the best of who we are as a way to our best possible future. Appreciative inquiry is about taking a journey out of the land “I know” and into the land of “I wonder”.

Interview:

1. Tell me about your professional path (experiences, influences, challenges, etc.) that brought you to this very moment?

Which were the crucial milestones on your path?
Who inspired you and walked with you?
Who challenged you the most?
What were the main lessons learnt?

2. What is the passion of your profession?

What are you most passionate about?
What environment supports you most?
Which are the main characteristics of the people, who support your passion?

3. Tell me about the time when your professional learning experience inspired and transformed you the most – inspiring story.

Describe the situation - what was happening?
What was your role in it?
Who else was involved?
How did you feel?
What was so special about it for you and for others?

4. Close your eyes and imagine your professional future.

What do you see, hear, etc.?
How will you make it come true?